

SHOPS AND BUSINESSES OFFERING HOME DELIVERIES AND/OR TAKEAWAYS

The Captain's Cabin, Mumbles Road, Mumbles	01792 363448	Home Deliveries on all their usual stock including Newspapers, tea coffee, milk, cleaning essentials beers, spirits, soft drinks, confectionery.
Cash Hardware, Newton Road, Mumbles	01792 368187	Home Deliveries, household and garden. Pay by phone
Castle Pharmacy, Queens Road, Mumbles	01792 360966	Free prescription home deliveries. Also online products from castlepharmacy.co.uk but currently 10 day delivery wait.
Cheers Wine Merchants, West Cross Top Shops	0800 999 4895 www.cheerswinemerchants.co.uk	Order online or order and pay by phone for next day delivery
The Choice is Yours, Newton Road, Mumbles Road, Swansea Market	01792 367255 01792 366241 01792 458474	Greengrocery. Home Delivery. Also bread and free-range eggs. See their FaceBook page for other items available. Phone lines open 8.30am to 4.00pm.
Coakleys Fishmongers, Newton Road, Mumbles	01792 368075	Home Delivery. Order and pay by phone. Orders before 12.00pm for same day delivery.
Co-op Mumbles and West Cross		Priority Home Delivery Service for Elderly and Vulnerable. (If you think you are eligible and wish to use this service, please contact MCC on covid19support@mumbles.gov.uk for referral information)
Cover to Cover, Newton Road, Mumbles	01792 366363 sales@cover-to-cover.co.uk	Home Delivery. Order via phone, email, Facebook, Twitter, Instagram. Free delivery up to 10 miles
Craftsea, Mumbles Road, Mumbles	07769214131 www.craftsea.co.uk	Home Deliveries. Paint your own Pottery. Pottery Boxes for hire for 3 days. Choose your own shapes. Information, prices and payment link on the website
Davies the Bakers, Mumbles Road, Mumbles	01792 366648	Local home deliveries. Bread, cakes, pastries, pies, filled baguettes etc.

Donna Louise , Newton Road, Mumbles	07980935125 donnalouiseboutique@outlook.com www.donnalouiseboutique.co.uk	Home Delivery. Designer and everyday ranges of clothes and accessories for children plus helium balloons. Ring or email orders
Gower Gallery , Mumbles Road, Mumbles	01792 368669 www.gowergallery.co.uk	Home Delivery or collection from the shop. Order via the website or by telephone. Strict hygiene regime being followed.
The Health Shop , The Arcade, Newton Road, Mumbles	01792 360299	Home Deliveries Monday to Friday 1.00pm to 3.00pm
iRepair Express , Mumbles	Freephone 0800 246 5662	For NHS workers and vulnerable people only. Freephone number for pick-up and delivery service and 20% off screen repairs for phones and other devices.
Knipes & Co, Bacon Specialists	https://shopbaconspecialists.co.uk/	Catering packs of bacon and related products, cheese, eggs. Home Deliveries on Monday and Friday. Order by 5.00pm Sunday for Monday delivery and 5.00pm Thursday for Friday delivery. Free delivery on orders over £10
F Ley & Sons ,	01792 653094	Home Deliveries, Fruit, veg, milk, bread, eggs – and potting compost!
Mumbles Coffee , The Arcade, Newton Road, Mumbles	www.mumblescoffee.co.uk	Home Delivery. Coffee – beans and ground, cakes and granola
Mumbles Dry Cleaners , The Arcade, Newton Road, Mumbles	07971713226	Home pick-up and deliveries, laundry and dry cleaning.
Mumbles Fine Wines , Mumbles Road, Mumbles	01792 367663	Order and pay over the phone. Free delivery with a £30 spend
Mumbles Pharmacy , Newton Road, Mumbles	01792 366346	Free prescription home deliveries. Other items WITH prescriptions. Pay by phone or pay driver.
Mumbles Post Office and WH Smith , Newton Road, Mumbles	07912439496	Home Deliveries on shop items for orders over £15. Order and pay by phone.
Newbury Chemist , Newton Road, Mumbles	01792 366120 info@newburypharmacy.co.uk	Free prescription home deliveries. Other items free delivery for ANYTHING we stock in the pharmacy order by phone or email

Newton News, Southward Lane, Newton	01792 367103	Opening hours as usual. Also offering a delivery service, stock permitting.
Norton Stores, West Cross Avenue, Norton	01792 410723	Groceries, Fruit and Veg, Papers. Free home deliveries on orders over £20
Olives and Oils, Newton Road, Mumbles	https://frolo.marketing4restaurants.com/olives--oils-delicatessen	Local delivery between 1.00pm and 4pm Tuesdays and Thursdays or collection from the shop.
The Pet Pantry, The Arcade, Newton Road, Mumbles	01792 367844	Order and Pay by phone. Delivery Fridays
Stuarts Bakery, The Arcade, Newton Road, Mumbles	01792 448494	Home deliveries, order and pay by phone.
Tuckers Butchers, Newton Road, Mumbles	01792 366500	Home Deliveries. Order and pay by phone for next day delivery
Vaughan's Butchers, The Arcade, Newton Road, Mumbles	07833461459 01792 369994	Home Deliveries Mon to Sat 11.00am to 2.00pm. Order and pay over the phone by card or paypal.
Woollacotts Butchers, Nottage Lane, Newton	01792 366020	Meat, fresh veg. and groceries. Home deliveries Thursdays. Order and pay by phone.

RESTAURANTS, CAFES AND PUBS OFFERING HOME DELIVERIES AND/OR TAKEAWAYS

Mint of Mumbles, Mumbles Road, Mumbles	01792 368087 www.mintofmumbles.co.uk	Home Deliveries and Takeaway. Order by phone or on the website. See Website or Facebook page for opening times/days. Owner will also pick up other shopping to deliver with orders for vulnerable and elderly .
Mumbles Ale House, Gloucester Place, Mumbles	Text: 07971 194838 deliverale2u@gmail.com	Takeaway only. Place orders for pick-ups (through the window) Fridays and Saturdays between 3.00pm and 7.00pm
Mumtaz Indian Restaurant, Mumbles Road, Mumbles	01792 367210	Home Deliveries and Takeaway Tuesdays to Saturdays and Bank Holidays 5.00pm to 10.00pm, Sunday 5.00pm to 9.00pm.

Papi's Pizzeria , Mumbles Road, Mumbles	01792 36903 www.papis-pizzeria.com	Home Deliveries or takeaway. Tuesday to Sunday 5.30pm to 9.30pm. Order from website or by phone.
Shared Plate , Red Café, Mumbles Road	01792 362 122 info@thesharedplate.org.uk	Takeaway hot meals for those in need. Order by email. Please contact them if you know of someone in need who would benefit from this service.
The Village Inn Carvery , Mumbles Road, Mumbles	01792 368021	Roast dinners. Home Deliveries Sundays only 11.00am – 3.00pm. Orders must be sent in by Saturday.

SHOPS OPEN FOR WALK-IN CUSTOMERS

(see above for those also doing home deliveries)

MUMBLES		
Boots Chemists , Mumbles Road, Mumbles	Pharmacy and Chemists	Monday to Saturday 10.00am to 12.00pm and 2.00pm to 4.00pm
The Captain's Cabin , Mumbles Road, Mumbles	Corner Shop	Open 8.00am to 4.00pm Monday to Friday and 9.00am to 4.00pm Saturday and Sunday. (see above for home deliveries)
Castle Pharmacy , Queens Road, Mumbles	Pharmacy and Chemist	Monday to Saturday. Closed daily between 12.00pm and 2.00pm (see above for home deliveries)
Coakleys Fishmongers , Newton Road, Mumbles	Fresh Fish	Tuesday to Saturday, 10.00am to 4.00pm (see above for home deliveries)
Co-op , Mumbles Road	Supermarket	Monday to Saturday 7.00am to 8.00pm. Sundays 10.00am to 4.00pm. Priority shopping hours 8.00am to 9.00am Monday to Saturday and 10.00am to 11.00am Sunday.
Davies Bakers , Mumbles Road, Mumbles	Bakery. Drinks and food to take away	Monday to Saturday 9.00am to 4.00pm (see above for home deliveries)
The Health Shop , The Arcade, Newton Road, Mumbles	Health Foods and Products	Monday to Saturday 9.00am to 1.00pm (see above for home deliveries)

Marks & Spencer , Newton Road, Mumbles	Supermarket PLEASE NOTE: Restriction on numbers entering the shop at any one time. You may need to queue outside – please observe 2m distances when queuing	Monday to Saturday 8.00am to 8.00pm. Sundays 11.00am to 5.00pm. <u>Elderly and vulnerable:</u> Mondays and Thursdays 8.00am to 9.00am <u>NHS and Emergency Workers:</u> Tuesdays and Fridays 8.00am to 9.00am
Mumbles Pharmacy , Newton Road, Mumbles	Pharmacy and Chemist	Mon – Thurs 9.00am to 6.00pm. Fri 8.30am to 6.00pm. Sat 9.00am to 1.00pm. Sun 1.30pm to 3.30pm. (see above for home deliveries)
Newbury , Newton Road, Mumbles	Pharmacy and Chemist	Mon - Sat. Closed between 12.00pm and 2.00pm (see above for home deliveries)
Olives & Oils , Newton Road, Mumbles	Delicatessen	Monday to Saturday 8.00am to 1.00pm
The Pet Pantry , The Arcade, Newton Road, Mumbles	Pet supplies	Monday to Saturday 9.00am to 3.00pm (see above for home deliveries)
Stuart's Bakers , The Arcade, Newton Road, Mumbles	Artisan Bread and Pastries	Monday to Saturday 9.30am to 12.30pm (see above for home deliveries)
Tesco , Newton Road, Mumbles	Supermarket	7.00am to 10.00pm every day
Tucker's , Newton Road, Mumbles	Butchers	Monday to Saturday 9.00am to 5.00pm (see above for home deliveries)
Vaughan's , The Arcade, Newton Road, Mumbles	Butchers	Monday to Saturday 8.00am to 3.00pm (see above for home deliveries)
WH Smith and The Post Office , Newton Road, Mumbles	Post Office, Cards, Stationery, confectionery	Monday to Sunday 9.00am to 1.00pm. Limited Post Office services. All the usual store items available. (see above for home deliveries)
NEWTON		
Newton News , Southward Lane, Newton	Corner Shop	Open as usual (see above for home deliveries)
Woollacotts , Nottage Road, Newton	Butchers and general store	Open daily (except Sunday) close at 3.00pm. (see above for home deliveries)

WEST CROSS		
Co-op , Fairwood Road, West Cross		Mon - Sun 7.00am to 8.00pm. Priority shopping hours 8.00am to 9.00am Monday to Saturday and 10.00am to 11.00am Sunday.
Lifestyle Express , West Cross Lane, West Cross	Small supermarket	Every day, 7.00am to 7.00pm
NISA , Alderwood Road, West Cross	Supermarket	Mon - Sat 7.00am to 8.00pm. Sundays 7.00am to 7.00pm
Norton Stores , West Cross Avenue, West Cross	Corner Shop	Monday to Saturday 7.00am to 4.00pm, Sunday 7.00am to 2.00pm (see above for home deliveries)
SPAR , West Cross Lane, West Cross	Small supermarket	7-7 Mon to Sat, 7-5 Sun, as normal, closed for short periods during deliveries
Well Pharmacy , Alderwood Road, West Cross	Pharmacy and Chemist	Monday to Saturday 10.00am to 12.00pm and 2.00pm to 4.30pm